



New Zealand Ice Hockey Federation

National Coaching Accreditation Program

IIHF/NZIHf Coach Level II Course Sections Outline

Demonstrate Leadership

Identifies the major roles the coach must play in the development of the athletes.

Communication in the Hockey Environment

Looks at communication with all the different groups that a coach has to deal with during the season including parents, referees and administrators.

Skill Analysis

Gives the coach the ability to analysis sports skills. Concentrates on the first two principles of movement and the correction methods for these principles.

How the Body Works

Offers an explanation of the bodies physical make-up and an understanding of its three energy systems and how these systems effect a players performance during the game. .

Developing Fitness

Describes the body's four fitness components and how they should be incorporated into the teams yearly planning.

Growth and Development

Guides the coach through the four areas of development and explains how these interact with the four stages of growth and development.

Goalkeeping Technical

This is an introduction to the key skills for this very importance individual position. Subjects covered are, basic stance, skating skills, angles, puck stopping and stick skills.

Individual Tactics

This section concentrates on the offensive and defensive individual tactics a player should process and describes a progression method of teaching these tactics.

Yearly Planning Basics

Explains the importance of making a plan for the season. Guides the coach through the procedure of making the yearly plan.

Teaching Techniques II

Continues from Level I Teaching Techniques to identify the factors which influence learning and the importance of planning.

Building Self-Esteem

Identifies the three primary processes, which affects a player's self-esteem and how the coach direct influences these processes.

Team Tactics and Principles

This section concentrates on the offensive and defensive team tactics a team needs should and describes a principles that govern these tactics.

Developing Hockey Sense

A guide to understanding the Game Situation Roles. An explanation of how to help develop hockey sense in your players.

On Ice session 2 hours at least

The Ice session covers incorporates the progressions of Individual and Team Tactics. An assessment of the coaches skating ability is judged on this session.

Exam Procedure

If the coach meets the required skating standard, a take home exam is given. The time for return of this exam is 4 weeks.